



Giving Matters

CMH Foundation Annual Newsletter • Summer 2016



Susan Armstrong and "Hoki"

Susan says **"Thank You!"**

"Thank you "Angels" in Emerge at CMH for saving my life more than once!"
This was the comment Susan Armstrong wrote on the card she mailed last December with her gift to the annual **Angels of Care Campaign**.

Susan's medical story began in January 2013. She and her husband Curtis were at their historic Warkworth farmhouse reminiscing about the lovely Christmas they just had with their family and friends. Susan began having chest pains and great difficulty breathing. They were very concerned and rushed to Campbellford Memorial Hospital (CMH). Because Susan was in respiratory distress she was seen by the Doctor right away. Blood tests and a CT scan were ordered.

The tests done at CMH showed blood clots on Susan's lungs. She was admitted to hospital and treated for the blood clots and in less than a week she was feeling much better. **Susan is convinced that was the first time CMH saved her life.**

Despite feeling better, Susan's family Doctor and the other medical professionals at CMH were still trying to determine what had caused the blood clots. Additional testing was done and an ultra sound found a growth in her abdomen. Susan was sent to Kingston General Hospital (KGH) to meet a gynecologist and oncologist. Surgery at KGH confirmed she had stage 2 ovarian cancer and required chemotherapy. This treatment is never an easy journey and shortly after returning home from her first chemo treatment Susan began slurring her words and had a fall. She was taken by ambulance to CMH for a series of blood tests and another CT Scan. She was stabilized and transferred to KGH for treatment. **The quick reaction by CMH staff convinced Susan that this is the second time her life was saved at her community hospital.**

Over the next six months Susan completed her chemotherapy treatment. Three years on Susan is feeling much better and is happy to sing the praises of CMH to everyone who will listen. She is very active welcoming her family, including 8 Grandchildren, to her home on a regular basis.

She is also giving back to the hospital as co-president of the CMH Auxiliary and a member of the CMH and Foundation Boards.

Susan is thankful for the care she received at CMH, but mostly thankful to the donors who helped fund the purchase of the blood testing equipment for the Laboratory, but most importantly the CT Scan. Since it was installed in January 2010 there have been many other similar stories about how the CT Scan has saved the lives of local patients. **It's true...support from donors like you help save lives at CMH.**

Susan's Angels Card ~ This card is just one of many the Campbellford Memorial Hospital Foundation receives that show how much local residents care about their community hospital and how important it is to them we have the equipment that the skilled medical professionals need to treat and diagnose over 40,000 patients each year.



Welcome to the CMH Foundation Board:



Beth Boddy is a recently retired Trust Professional with over 35 years at Trust Companies in Ontario. With a strong focus on the customer, Beth has experience managing Cemetery Trusts, Private Foundations, Charitable Remainder Trusts and Aboriginal Trusts, as well as settling Estates. A graduate of Georgian College, Beth completed courses leading to The Institute of Canadian Bankers designations of Specialist, Trust Institute and Member, Trust Institute.

In addition to volunteering at Bear Creek Exotic Wildlife Sanctuary in Barrie for the last thirteen years, Beth has also volunteered her time with the Canadian Cancer Society, Heart & Stroke Foundation of Ontario and Epilepsy Ontario. Beth lives in Havelock with her partner Kevin and several rescue animals.



Gene Brahaney was born in Hastings and has been a lifelong resident of the area. After graduating from the Ontario Agricultural College at University of Guelph he returned to the area and operated a Holstein herd for 35 years. He now operates a cash crop farm of corn and soybeans. He was also a Director/ Adjustor with HTM insurance for 21 years, including 2 years as Chair. Gene has also driven school bus for 20 years.

Gene's involvement with other community groups and organizations is almost endless. He was on Trent Hills Municipal Council for 11 years, Executive Member of the Junior Farmers of Ontario, Director of the Northumberland Federation of Agriculture, President of the Campbellford Seymour Agricultural Fair, Trustee for 21 years with the Peterborough Victoria Northumberland Newcastle Separate School Board, President of the Campbellford Kinsmen Club, Member of the Campbellford Memorial Hospital Board, Trent Hills Police Services Board and much more.

Gene has been married to Helen Brahaney for 47 years. Helen is a retired Registered Nurse and equally committed to community service. They have two children and 5 grandchildren.



Fern Julia has been with TD Bank since September 2001. She started as a Customer Service Representative in Marmora working her way up through other positions in Peterborough and Campbellford and currently is the Branch Manager of the TD Bank in Campbellford. Fern enjoys working and growing with TD. This has given her the opportunity to meet with awesome peers and have lasting bonds with other employees. Over the year she has enjoyed working and mentoring many others.

Fern is busy giving back to the community and is currently the Vice-Chair of the Trent Hills and District Chamber of Commerce and works with the Women in Leadership Program.

Fern has 4 children and 4 grandchildren. She loves to travel. Enjoying life to the fullest and having a positive attitude is very important to her along with her family and friends.

Thoughts of Appreciation

Almost every day at the Campbellford Memorial Hospital Foundation we hear from patients of the hospital who are very appreciative of the care they receive at CMH. They are also very thankful to have a generous donor community that financially supports the hospital allowing for new medical equipment to be purchased and new services to be added. Here are some comments received by the Foundation during the most recent **Angels of Care Campaign**.

Everyone who works at our hospital is so important to us all. We are so lucky to have our hospital and all the "special" people who work there. Keep up the good work! Linda Milne

I am proud of CMH. They have saved my life many times. I have severe C.O.P.D. The doctors and nurses are wonderful thank you all. Nancy McColl

Thank you to each and every health care professional making a difference in patients' lives. You rock! Suzanne Bruyey

Thank you for another year caring for all who come through your doors. We are thankful for our hospital and all who work there. Dalton and Sandra Garbett

Thanks to all the great workers at this hospital. It's so good to know there is a place to go when you need special care. Rayburn and Isobel Johansen

Thank you for the lifesaving care and kindness I received in emerge and first floor. Pat Bacque

Our Donors... Our Heroes



- The Hospital Thanks the Frederick J. Hennessey Foundation

Brian Steinberg (right), Chair of the **Frederick J. Hennessey Foundation**, recently toured Campbellford Memorial Hospital and received a new Companion Level plaque for our Donor Wall in recognition of the Foundation's generous support in recent years. Gifts from the **Frederick J. Hennessey Foundation** have recently funded the purchase of a new blanket warmer and infant transportation incubator for the Emergency Department and a new microscope for the CMH Laboratory. *Thank you for your support!*



- The Thompsons continue their generous support of CMH

The CMH Foundation recently hosted Bruce and Elizabeth Thompson on a tour of the hospital's Laboratory. The Thompsons have generously donated to the hospital for many years and the tour gave us a chance to show them first-hand how their gifts have been used to enhance patient care and diagnose illness. Pictured here Laboratory Manager Maurice Goulet is welcoming Bruce and Elizabeth to the Lab. While visiting the hospital the Thompsons were presented with a new Patron level plaque for the Foundation Donor Wall.



- C.A.R.E at CMH!

The Campbellford Memorial Hospital (CMH) received a donation of \$10,000 from the Commonwell Mutual Insurance Group's C.A.R.E (Create a Ripple Effect) Program. These funds assisted with the purchase of high priority equipment for the CMH Laboratory. The CMH Foundation is very grateful for Commonwell's support. Pictured (left to right): Calvin Newman – President, Newman Oliver & McCarten Insurance & CMH Foundation Chair, Jenny Hill (CMIG) Regena Scott, (CMIG), Jennifer Hope (CMIG), Maurice Goulet – CMH Laboratory Manager.



- Kinettes Support the *Angels of Care Campaign!*

Campbellford Memorial Hospital President & CEO Brad Hilker (back right) accepts a donation of \$2,000 from Kinette Club of Campbellford at the **1st Annual CKOL Angels of Care Campaign Radiothon**. The donation, from the proceeds of the Kinsmen Super TV Bingo, was directed toward the purchase of priority equipment for the hospital's Laboratory.



- Brian Todd Memorial Community Fund Supports CMH

An inspiring evening this past spring at the Annual General Meeting of the Brighton Health Services Centre. Grants, from the **Brian Todd Memorial Fund**, totalling more than \$70,000 were awarded to 12 charitable organizations. The Campbellford Memorial Hospital Foundation received a grant of \$2,800 to fund the purchase of a Nocospray Disinfection System to enhance the hospital's Infection Control Protocol. CMH Facilities Manager John MacPherson accepted the gift on behalf of the hospital.

Bike Up Northumberland!

On September 12th last year close to 150 participants took part in the inaugural **Bike Up Northumberland!** Charity Ride in support of Campbellford Memorial Hospital and Northumberland Hills Hospital. This was the first time the two Foundations worked together on a joint fundraising effort and it was a tremendous success raising \$30,000 for each hospital! In addition to the amount raised it was wonderful to see riders of all ages and abilities take part in the ride along Northumberland County's picturesque Waterfront Trail. The **2nd Home Hardware Bike Up Northumberland!** Charity Ride takes place on Saturday, September 10th. Don't miss out! Sign up now at www.bikeupnorthumberland.ca.



Marion Fennell ~ A Dedicated Monthly Donor

Marion Fennell is a dedicated member of the community and a proud supporter of Campbellford Memorial Hospital (CMH). A long-time resident of the Campbellford area, Marion is a founding member of Community Living Campbellford/Brighton and continues to serve on its Board of Directors. In addition, she is a Past President of the Rotary Club of Campbellford and has also been involved with a number of other worthy causes, including Keystone House, the CMH Auxiliary and the Catholic Women's League.

Marion has also been a long time Monthly Donor to the CMH Foundation. "I am very fond of Campbellford Memorial Hospital and feel our community is very lucky to have such a great facility available for us. Anytime my family or I have needed care the hospital has been there for us and the care has always been fantastic. It's a great hospital... so I give what I can and monthly giving is a convenient way to support the hospital."

By joining the Foundation's Monthly Giving Program, you help CMH plan in advance so we can continue to deliver the best care month after month. It's easy and convenient and your manageable monthly donations add up to a significant gift over the year. Every Donation Counts!

If you would like to become a Monthly Donor, or to find out about other convenient ways to give, please contact Catherine Holt at 705-653-1140 ext. 2104 or via e-mail at cholt@cmh.ca or visit givetocmh.ca.





A Message from the CMH Foundation Board Chair Calvin Newman

~ Donors inspire us with their passion and commitment to make a difference ~

Donor generosity capped off a wonderful year for the Campbellford Memorial Hospital (CMH) Foundation. Young and old, long standing and brand new supporters came together to help our hospital advance the delivery of outstanding health care.

This community of philanthropy has seen many wonderful highlights over the past year, including our best ever **Angels of Care Campaign**, the first **CKOL Angels of Care on the Air Radiothon**, the inaugural **Bike Up Northumberland! Charity Ride** and the **1st Incredible Doctors' Cook-off** event in partnership with the CMH Auxiliary. These events and activities marked high points in the year as we raised funds to advance excellent patient care at our community hospital.

Investment in equipment for the CMH Laboratory was a focal point of our efforts over the past year and it has been both humbling and gratifying to witness the number of individuals who stepped forward to support our efforts. Donor support has allowed the hospital to purchase several critical pieces of equipment including urinalysis analyzer, chemistry analyzer, refrigerator and osmometer. Each of these items and the equipment purchased for other areas of the hospital will ensure CMH and its professional and dedicate staff will provide accurate diagnosis and treatment for the over 40,000 area residents and seasonal visitors who depend upon CMH each year.

We have wonderful supporters like the Baptist Busy Bees who amaze us each year with their generous gifts to the hospital. And individuals like Doris Potts who has set a standard for community support and involvement that we can all aspire to. This past year, Doris once again blessed the hospital with a generous gift toward the **Angels of Care Campaign**. We have also had a very positive year for other donations. I hope you enjoy reading about many of them in this edition of the **Giving Matters Newsletter**.

We are very fortunate to also have wonderful Foundation volunteers such as Jill Stewart, Eric Kennedy and Jason Piening who combine their love for golf and volunteering to help run the annual **CMH Foundation Golf Classic**. In fact, all of our Foundation events rely on volunteers and I want to thank all of them for their time and dedication.

I am pleased to report the Foundation has a synergetic, hard-working and committed Board of Directors that the community should feel confident in, and my thanks to them. In the past year, Dianne Mechetuk retired from the Board. We wish her well and thank her for her hard work. This year we welcome three new members to the Board; Beth Boddy, Fern Julia, and Gene Brahaney. These are all dynamic individuals who bring a variety of outstanding skills to the Foundation Board.

As we look to the future we are facing an exciting and potentially challenging year ahead as we work to advance the CMH Master Plan, better known as the new hospital project. This project is slowly advancing as the hospital meets with its partners at the Central East LHIN and Provincial Government. A Master Plan Steering Committee has been establish that is looking at meeting the benchmarks set out by the Province as well as communicating at the appropriate time with the community and developing a plan to raise the community share of this ambitious project.

Finally, we recognize that donors have many choices and we are privileged to have the growing support of so many individuals and organizations who have stepped forward to help CMH.

Our heartfelt thanks to the CMH leadership, staff, physicians and volunteers who inspire us daily with their passionate approach to health care. Special thanks to the CMH Foundation's Board members, staff and donors whose unwavering commitment make it possible for us to deliver the best possible care to the communities we serve.



Donor Funded in 2015/2016

- Autoclave (Surgical)
- Urinalysis Analyzer (Laboratory)
- Chemistry Analyzer (Laboratory)
- Medical Gases Upgrade (Surgical)
- Vital Sign Monitor (Patient Care)
- Nocospray Sterilizer x 2 (Infection Control)
- Pain Pumps x 2 (Patient Care) (Funded by the CMH Auxiliary)
- Beds x 2 (Patient Care) (Funded by the CMH Auxiliary)
- X-Ray Film Digitizer (DI)
- Osmometer (Laboratory)
- Cystoscope (Surgical)
- Computer Upgrade (Surgical)
- Server (IT)
- Convection Steamer (Dietary) (Partially Funded by the CMH Auxiliary)
- Staff Education (All Areas)
- Refrigerator (Laboratory)

Patient Needs in 2016/2017 (Partial List)

- Laparoscopy Instruments - \$55,000 (Surgical Services)
- Operating Room Lights - \$20,000 (Surgical Services)
- Colonoscope - \$28,000 (Surgical Services)
- Operating Room Table - \$55,000 (Surgical Services)
- Second Ultrasound Machine \$135,000 (Diagnostic Imaging)
- Arizant Pressure Infuser - \$5,000 (Emergency)
- Video Laparoscope - \$13,500 (Emergency)
- PACS Workstation - \$15,000 (Emergency)
- Portable CO2 Gas System - \$10,000 (Surgical Services)

Accountability to donors is very important to us.

To view our 2015 Audited Financial Statements please visit www.givetocmh.ca



CAMPBELLFORD
MEMORIAL HOSPITAL FOUNDATION

Important Dates

Saturday, September 10th, 2016 (9 a.m. to Noon)

The 2nd Annual Home Hardware Bike Up Northumberland! (Waterfront Trail ~ Cobourg to Presqu'île) ~ A fundraising bike ride featuring various distances along the Waterfront Trail in Northumberland. Proceeds to be shared equally with the Campbellford Memorial Hospital and Northumberland Hills Hospital. Visit www.bikeupnorthumberland.ca for more information.

Saturday, September 24th, 2016 (1 p.m.)

The 10th and Final Michael Boucher Golf Tournament - Salt Creek Golf Club. In support of the Campbellford & District Community Mental Health.

Saturday, October 1st, 2016 (8:30 a.m. until evening)

1st Annual Trent Hills Fire Department ATV Fun Run (Poker Run) In support of the Campbellford & District Community Mental Health.

On-going

The Hilker Hustle on Wheels ~ Support CMH CEO/President Brad Hilker's personal challenge to ride 2,000 km this summer and raise \$8,000 for the hospital.

On-going

The Artists Care Project ~ Paintings by members of the East Central Ontario Art Association are on display and for sale at CMH. A portion of the sale proceeds support the purchase of new medical equipment.

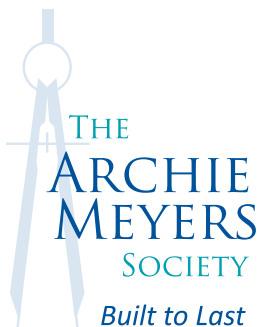
For more details on these and other activities in support of CMH please contact **Catherine Holt at 705-653-1140 ext. 2104 or email cholt@cmh.ca.**

Campbellford Memorial Hospital Foundation

Board of Directors:

Calvin Newman (*Chair*)
Don Pearson (*Vice-Chair*)
Mark Higgins (*Treasurer*)
John Russell (*Secretary*)

Bruce Thompson
Brooklyn Allan
Cindy McMurray
Beth Boddy
Fern Julia
Eugene Brahaney
Susan Armstrong
(*CMH Auxiliary Co-President*)
Craig Hitchman
(*CMH Board Representative*)
Brad Hilker
(*CMH President & CEO*)



The Archie Meyers Society recognizes donors who have planned a future gift to the Campbellford Memorial Hospital. Leaving a bequest to CMH in your Will is an ideal way to continue making a difference to the health of our community for future generations. What greater gift could there be when your loved ones or friends need medical care. You can remember us in your Will with a bequest, make a gift of life insurance, donate a gift of stock or make another gift.



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